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1. **Vision Statement**
   To live out our Catholic tradition through the charism of the Sisters of the Good Samaritan of the Order of St Benedict, in a spirit of compassion, hospitality and stewardship. Each student is challenged to respond radically to the Gospel to critique and transform the world.

2. **Rationale**
   It is the Policy of Marymount College to ensure that the responsibilities towards the health and safety of the School Community are met by all parties in relation to exposure to ultraviolet radiation at the workplace. Australia has the highest rate of skin cancer in the world, creating huge social and economic costs. However, it is estimated that at least 75 per cent of all skin cancers could be prevented by protecting skin from the sun during childhood and adolescence. Schools can help by encouraging all members of the school community to take effective skin-protection measures.

3. **Aims**
   The aims of the Marymount College Sun Protection Policy are to promote among students, staff, volunteers, parent/carers:
   - Increase awareness of skin cancer and other skin damage caused by exposure to UV radiation.
   - Develop strategies that protect staff, students, volunteers and contractors skin from the sun.
   - Work towards a safe school environment that provides shade and other sun protective measures for staff, students and volunteers.
   - Encourage all staff, students, volunteers and contractors to protect their skin from UV at all times, particularly at lunchtime, during sport, excursions and camps.
   - Ensure that staff, students, parents / carers, volunteers and contractors are informed of the school's UV Policy.

4. **Implementation**
   The Sun Protection Policy is for implementation throughout the year. However, the conditions outlined are mandatory in terms 1 and 4. The College strongly recommends that, when outdoors (particularly at recess and lunch times) or participating in outdoor activities:
   - All staff and students wear hats. For students, this must be the school hat available through the uniform shop.
   - For staff hats appropriate to the work situation should be worn. In particular hats used by P.E. and Maintenance Staff should be of close-weave material and have a brim of at least 8 – 10 cm.
   - Students - will wear uniforms appropriate to the season and or activities being under taken.
   - Sunglasses can be worn and are required to meet all standards as specified by Australian Standard AS1067.
   - Sunscreen is available to all staff, students and volunteers. Dispensers of sunscreen will be in each classroom and the Sports Shed, the sunscreen will be Broad spectrum and water resistant. Dispensers of sunscreen are available in each classroom and the sports shed. Use-by dates are regularly checked and a record of issue will be kept.
   - Shade is required for outdoor activities in particular between the hours of 11am and 3pm or where outdoor activities occur and or where people are likely to be watching an outdoor activity for longer than 10 minutes.
5. **Procedures**

- A “no hat, no participation” policy is applied during Physical Education Lessons, Outdoor Recreational Activities and Sports’ Practices, and Recess and Lunch times, in Term 1 and 4.
- Students are encouraged to bring their own supplies of SPF 30+ sunscreen to School.
- Students who do not have hats will be required to stay under the courtyard shelter or in shaded areas during recess and lunch breaks.
- Risk assessments will be completed prior to all activities being participated in outdoors. Weather restriction guidelines will be adhered to.

6. **Some Points to Remember About Skin Cancer**

Skin cancer is the most prevalent form of cancer in Australia and our incident rates are the highest in the world. Each year an estimated 270,000 new cases of skin cancer are diagnosed in Australia. The five recommended steps to protect against sun damage are:

1. Slip on some sun protective clothing that covers as much skin as possible.
2. Slop on SPF30+ sun screen, make sure it is broad spectrum and water resistant. Put it on 20 minutes before you go outside and every 2 hours afterwards. Sunscreen should not be used to extend the time you spend in the sun.
3. Slap on a hat that protects your face, neck and ears.
4. Seek shade.
5. Slide on some sunglasses and make sure they meet Australian Standards.

7. **Revision Record**

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<tr>
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