A Message From your Principal

Dear Parents and Carers

Thank you to the many parents and caregivers who have made me feel welcome over the past few weeks. It was wonderful to see so many of you come along to our Welcome Evening to meet the staff, to hear about the learning programs for the year and how we can continue to work in partnership.

Ash Wednesday

At our Mass on Wednesday all students, family members and staff in attendance received the sign of the cross marked on their forehead with ashes. As a community we reflected on the many gifts we have in our lives especially the relationships we have with our families and friends and our relationship with God. We thought about the loving times we have with them and those things that help keep our relationships growing strong. In a quiet time of reflection we called to mind the times when we have said or done things towards God, ourselves and others that are not loving. As we prepare for Easter may we recognise the ways we have failed to love our God, our neighbour and ourselves and work towards becoming a more loving person: “Warm the heart and set us free”.

Making a Difference

At our first school assembly last week we celebrated the manner in which so many of the students and staff make a difference to the life of the Marymount College community and how we can all continue to do so. We heard from the girls involved in the Youth Empowerment Group (YEP); the Chill out Zone; the Enviro Group; the MLG; the Music groups; the Sports teams; Raspberry Pi; the Tournament of the Minds & Debating. The message was very clear... there are so many opportunities for the girls to get involved in the life of Marymount!
2013

**Term Dates**

Term 1 Wednesday 30-Jan - Friday 12-Apr  
Term 2 Tuesday 30-Apr - Friday 5-Jul  
Term 3 Tuesday 23-Jul - Friday 27-Sep  
Term 4 Tuesday 15-Oct - Friday 6-Dec

**Tri-Schools Uniform Shop**

Located at the rear of SHCSS, Scarborough Street, Somerton Park. MasterCard, Visa Card and EFTPOS available. Direct telephone (08) 8350 2586.

**Second-hand Uniforms**

Neat, clean, current uniforms are accepted for re-sale during shop hours.

**Term One Trading**

Monday 3:00pm - 5:00pm (Term 1 only)  
Tuesday 1:00pm – 6:00pm  
Wednesday 8:00am – 12:00 noon  
Thursday 1:00pm – 6:00pm

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**Canteen Roster**

*If you are unable to help, please try and organise a swap or call Maria on 8179 4415*

<table>
<thead>
<tr>
<th>Wednesday, 20 February</th>
<th>Bridie Henry</th>
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<tbody>
<tr>
<td>Thursday, 21 February</td>
<td>Sharon Hogan</td>
</tr>
<tr>
<td>Friday, 22 February</td>
<td>Vicki Kimotho &amp; Karen Bradley</td>
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<tr>
<td>Monday, 25 February</td>
<td>Anne McGraffen &amp; Clare Bailey</td>
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<tr>
<td>Tuesday, 26 February</td>
<td>Leanne Scardigno</td>
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<tr>
<td>Wednesday, 27 February</td>
<td>Lisa Cooper</td>
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<tr>
<td>Thursday, 28 February</td>
<td>Moira Doherty &amp; Alice Wallace</td>
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<tr>
<td>Monday, 4 March</td>
<td>Shelly Druce &amp; Silvija Zeuschner</td>
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<tr>
<td>Tuesday, 5 March</td>
<td>Sonia Moore &amp; Virginia Taylor</td>
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<td>Wednesday, 6 March</td>
<td>Sheree Bartholomew</td>
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<tr>
<td>Thursday, 7 March</td>
<td>Karen Mercer &amp; Kerrie Thomas</td>
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<td>Friday, 8 March</td>
<td>Christine Sharrard</td>
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<tr>
<td>Monday, 18 March</td>
<td>Claudia Corcoran &amp; Silvija Zeuschner</td>
</tr>
<tr>
<td>Tuesday, 19 March</td>
<td>Amanda Tidswell &amp; Mel Milford</td>
</tr>
</tbody>
</table>

The girls have already had several opportunities in these first few weeks to be actively involved in and contribute to the life of Marymount College with the Year 9 Retreat day, Year 8 Activity day, Year 6 Rainbow day, Big Sister/Little Sister activities, MLG Leadership day, after school sport, and over the next few weeks the swimming carnivals.

The spirit in which the girls have approached the range of activities that we have experienced so far goes a long way in contributing to the spirit and tradition that is such an important component of life here at Marymount College. I ask that as a community we continue to support the College events by getting involved and making the most of every opportunity that presents itself, conscious of how we can make a difference to the lives of others.

**Project Compassion**

This season of Lent provides us with the ideal opportunity to move out of our comfort zone and look to how we can make a difference to the lives of others who are suffering; for those who live their daily lives in poverty where the basics of food and shelter are denied, with little or no opportunity for an education.

Supporting Project Compassion provides us with an opportunity to make a difference to another person’s life, so that those living in poverty or difficult circumstances can realize their human dignity and live life to the full, which is what we all hope for ourselves.

Families may like to pray this Lenten Prayer in preparation for Easter:

**God our Heavenly Father;**

*Help me to see the world with new eyes this Lent;*

*Open my heart to love my neighbours near and far*

*Fill my heart with a yearning for a just world for each member of our human family, no matter where they may be.*

*I call on You to give me strength, hope and inspiration:*

*To help me pray for fulfillment of the needs of those who live in poverty each day;*

*To fast to make me aware of the needs of the poor and understand their realities;*

*To give generously so that others might live with hope and dignity.*

*Give me courage to reach out to my sisters and brothers so that I might share my gifts, granted by You, and in doing so, share Your love. Amen.*

**Opening Mass and Leadership Induction**

This will take place on Thursday this week and family members are most welcome to attend. The College and Class leaders will be inducted into their positions at this Mass. We look forward to the contributions the Marymount Leadership Group (MLG) will make to the Marymount community this year.

**Congratulations!!**

It is with a great sense of pleasure and pride that I announce that Marymount staff member Ms Alice Gill is to receive the Educational Leaders Learning Award for early career leaders from the Australian Council for Educational Leaders (ACEL). This is certainly an honour for Alice to be acknowledged in this way with a National award. Congratulations Alice on being a very worthy recipient of this award.

**God Bless**  
**Jill Conole**  
**Principal**

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**Marymount Activities Week**

By now your daughter will have had confirmation on what activity she will be involved in during Activities Week, **Tuesday 12 to Friday 15 March**. Further information (travel arrangements, food etc) and itineraries will be provided over the next two weeks.

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**RECONCILIATION:** **FORGIVENESS WARMS THE HEART AND SETS US FREE**
A Message From Your Deputy

As the term is in full swing now, many students have commented on the revamp of one of the transportable buildings. This is where the counsellor offices are located and also the ‘chill out zone’. Our school counsellors, Kelly Pritchard and Lyn Heuzenroeder and school chaplain, Carmel Briggs are enjoying this new space. Please view the information brochure on the counselling services at Marymount here.

The ‘chill out zone’ was an initiative of our 2012 YEP - we can! group. These students worked on ideas to promote mental health and wellbeing for all students. This area is available for girls one day a week during lunchtime when they would like to ‘chill out’. We all recognise the importance of having space and time to contemplate the benefit for our mental health!

School Uniform

As a reminder, sport shoes worn by the girls must be predominantly white. The laces in the shoes must also be white. We appreciate your support in ensuring your daughter follows the dress code. Information on this is available in your daughter’s diary. Fortunately most students follow this very well. Socks worn with the sports uniform also need to be white and cover the ankle. Coloured sports socks are not part of our uniform. Please do not hesitate to contact me should you have any queries regarding the uniform and your daughter’s wearing of this.

Parking

Parking around the school is always tight. Please ensure you follow parking regulations and always consider the safety of all our students.

Leone Coorey
Deputy Principal
cleone@mc.catholic.edu.au

Sibling Enrolments for 2014

We are finalising our enrolments for 2014 and would like to remind parents that siblings are still required to fill out an application form and be part of the enrolment interview process. Please contact the Registrar, Mrs Jen Rollins, for an Enrolment Prospectus as soon as possible on 8179 4420.

Marymount Mosaic

Our new mosaic (on the wall of the Resource Centre) was created by students from all year levels - a combined effort - especially helped along by the girls who participated in the 2012 Activities Week Mosaic Group. It represents a girl looking in awe at the wonders of the natural world, the land, sea and sky with glimpses of the creatures within. The project took us over a year to complete but we hope to undertake more group art works this year to enhance our school environment.

Marie Walsh
Art Teacher

Telephone Messages to Students

As per the Parent/Carer Handbook, important telephone messages will be posted on the student intranet. Parents are asked to restrict their messages to URGENT ones only. Every effort is made to ensure that the girls receive these messages but no guarantee can be given. There is a computer terminal on each class teacher’s desk and it is the student’s responsibility to check for messages BEFORE recess, lunch and end of day.
This term has begun with the classes spending time welcoming each other and building relationships and networks. They have nominated candidates for Class Captains, listened to speeches and voted for their last time at Marymount. Congratulations to the following students for winning the positions of Class Captains: Kirralee (9 Firetails), Kristy (9 Jillaroos), Kate (9 Lightning), Matilda (9 Matildas), Ashta (9 Southern Stars) and Paris (9 Thunderbirds).

The Year 9 Retreat also looked at how they see themselves, how others view them and what or who might shape their identity, which is our concept for semester one. Each base group went to a different location in the local area and spent the day exploring who they are and their relationships with each other and with God.

There has also been a Big Sister/Little Sister activity where students have had the opportunity to start to build on their relationship with their Year 6 ‘Little Sister’, showing her who she is.

Over the next couple of pages are two Year 9 student’s reflection on the Retreat and the first Big Sister/Little Sister activity along with photographs.
Big Sister, Little Sister

On the 6th of February we spent a block participating in a range of activities with our little sisters. The aim of this time spent together was to get to know each other better, in a fun and relaxed environment. I know I definitely fulfilled this, especially when completing the interview we gave to each other. It was fantastic finding common interests with our little sisters, as it built a stronger bond between me and her. It was very enjoyable making smiley face biscuits, because we had a chance to talk about the things we had learnt about each other throughout the interview. I think it is important that we maintain a strong relationship with our little sisters, and this was a brilliant way to start the year ahead.

Sophie (9 Firetails)

Retreat

On the 8th of February all year nine classes gathered at different locations for our year nine retreat. The main focus of the day for me was to form a strong relationship between me and my classmates. We took part in many activities, including fun games to get to know one another better and had time to reflect on the year coming up. Over the day I found that many of my peers were involved or interested in many of the hobbies I enjoy. When the day came to an end I knew I had accomplished my goal that I intended to achieve that morning. I believe the year 9 retreat was an excellent way to start the year of 2013, I personally think that after year nine retreat our class has built a strong connection which will benefit our class for the year ahead.

Millie (9 Firetails)
**RE News**

**Upcoming RE Dates this Term**

Thursday, 21 February......Opening of Year Mass, 9:00am in Polding Centre, families are most welcome to join us.

**Reconciliation… Forgiveness warms the heart and sets us free**

On Ash Wednesday we reflected on Lent as a time of spiritual makeover for Catholics, in preparation for Easter. It gives us the opportunity to reflect on our relationships with God and others. The Church encourages us to take stock of our attitudes, values and actions and commit to do better as we try to renew ourselves as Christian people. It is a time for reconciling differences in preparation for Easter-to “warm the heart and set us free”.

**Sacraments**

Those who have made their reconciliation that may be ready to celebrate Eucharist and Confirmation in 2013, please contact me as soon as possible. The reconciliation preparation will occur later in the year.

Lent is a time of change for the Church. We turn to ashes and repentance as we enter into the spirit of this Lenten season. For the next forty days, Christians will try to become better followers of Jesus. During Lent, let us make plans to pray more often and to listen to God’s word with special care. We also want to become more generous and thoughtful towards each other at school, and in our families. Lent is also a time when we remember those in need. We can use our Project Compassion boxes or the Caritas Lenten appeal boxes for this.

**1st Week of Lent**

**Project Compassion (Week 1) brings you the story of Ditosa...** Since her parents died from AIDS, Ditosa lives with her grandmother and aunt in Matuba, Mozambique. At the Matuba Children’s Centre, Ditosa receives food, medicines and support. She also learns important life skills. This support is a lifeline for the families supported by the Centre, and is enabling them to improve their livelihoods. Your donation to Caritas Australia’s Project Compassion provides children like Ditosa with the opportunity to learn new skills, to become self-supporting. [www.caritas.org.au](http://www.caritas.org.au)

Have a great fortnight!

Christina Jonas
APRIM
8179 4409
cjonas@nc.catholic.edu.au
Parental Tips  
Working and Parenting

Working parents need to be conscious of the amount of time that they spend with their children. With work such a prominent part of our lives, there is a real danger that children will have to compete with our jobs, for our time and attention. The greatest challenge for working parents is to achieve a long-term balance between work, family and their own personal and social lives. This can only be achieved with planning and good organisation rather than by accident.

- Share the load at home—with your partner, children, friends and relatives. Sharing the load with your partner involves a joint approach to leadership as well as an even distribution of tasks. One of the benefits for working parents is that their children often develop independence earlier than other children.

- Sole parents need to build up a network of support including friends and relatives with whom they can share the load.

- Consider giving up a small portion of your income to hire a cleaner or even a gardener to create extra family time. Spending an hour with your family is far better use of time—than pushing a vacuum over floors or a lawnmower around a backyard.

- Learn to use the best time management there is—say NO! Get into the habit of saying no to those who make unrealistic demands on your time and take you away from the important areas of your life.

- Be organised. Establish one or two realistic goals for yourself in the following areas of your life: work, family, social, personal and community involvement. Then make realistic plans to achieve them.

- Be creative with the way you organise family life. One family who valued shared mealtimes ate together three mornings a week which suited their particular situation.

Year level Parent Class Representatives

We are still looking for some positions of year level Parent Class Representatives to be filled in: 7 Eucalpyt, 7 Sheoak, 8 Amber, 8 Sapphires and 9 Southern Stars, if you are interested please contact your base group teacher or Christina Jonas. 2013 Parent Representatives are finalising details about the first social gathering for each year level, more information regarding this will be provided soon. Please support this parent initiative by taking up the opportunity to attend a session with Melinda Tarkand Reist, we are certainly getting a great response so far!

Leanne Scardigno ..................6 Coral..................leannescar@adam.com.au
Samantha Sprinkmeier ...........6 Coral...............Samantha.spr@gmail.com
Kerrie Thomas .....................6 Emerald ...............allindoordoortoutdoor@bigpond.com
Liz Thorne ..........................6 Ochre........lizda2@internode.on.net
Anne-Marie Mulholland .......6 Violet....................amulholland5@gmail.com
Silvija Zeuschner .................6 Violet..................masz@adam.com.au
Claudia Corcoran .................7 Acacia...............claudia@kutimunki.com
Anita Jury ..........................7 Callistemon ...........anita.jury@health.sa.gov.au

Position to be filled .................7 Eucalpyt

Position to be filled .................7 Sheoak

Position to be filled ................8 Amber

Position to be filled .................8 Diamonds

Jane Evans ............................8 Opals ...............evanmp@bigpond.com

Position to be filled .................8 Sapphires

Kobe Rebbeck ......................8 Topaz ...............krebbeck@yahoo.com

Lucy Bellamy ......................9 Firetails ..........psabennett@hotmail.com
Sue Carter ..........................9 Jillaroos .............sue.mattschoss@health.sa.gov.au
Julianne Lehmann .................9 Lightning ..........sportway@adam.com.au
Elizabeth Smith ....................9 Matildas...........smithes77@ymail.com

Position to be filled ...............9 Southern Stars

Lisa Dansie .........................9 Thunderbirds ...lisa.andrew94@hotmail.com

Community News

The services and events contained in this bulletin are in no way connected with the school and are included in this newsletter for your information only. Parents/Carers need to make their own enquiries and assessments about the suitability of these events and services for their needs and those of their children.

Organic Corner Store

Every Thursday 9am-1pm Holdfast Baptist Church (cnr Harrow/Brighton Road, Somerton Park)

The Lunch Box Lady (aka Silvia Hart) will be joining the Organic Corner Store on Thursday, 28 February to demonstrate healthy lunch box ideas for children. Silvia was recently seen on Today Tonight talking about her passion for healthy, affordable and easy lunch box ideas. She will focus on allergies and catering to a variety of dietary needs.

Seacliff Hockey

Are you interested in playing hockey? Sign-on evenings will be from 6pm-8pm on Sunday, 3 March and Tuesday 5 March at Seacliff Sports Club (Lipson Avenue, Seacliff). Players of all ages and abilities are welcome. For further information call Kerry Kitto 0408 276 697 or juniors@shc.org.au

Stella By Starlight

Stella Maris Parish School is holding a social function that is open to all, Stella By Starlight. An evening of glamour, fun and music under a canopy of stars on Saturday, 6 April from 7pm-12 midnight in the Stella Maris Community Room (1 Syme Avenue, Seacombe Gardens). For further information please call Julie Pike on 0421 872 707.